

2010 Schedule

Check the class type and the date/time you are requesting.

CPR for Family & Friends

Adult/Child Infant Both

- January 25 5:30 pm
- March 22 5:30 pm
- May 24 5:30 pm
- July 26 5:30 pm
- September 27 5:30 pm
- November 22 5:30 pm

Heartsaver CPR

Adult/Child Infant Both

- February 22 5:30 pm
- April 26 5:30 pm
- June 28 5:30 pm
- August 23 5:30 pm
- October 25 5:30 pm
- December 20 5:30 pm

Heartsaver First Aid

- February 15 5:30 pm
- April 19 5:30 pm
- June 21 5:30 pm
- August 16 5:30 pm
- October 18 5:30 pm
- December 13 5:30 pm



All classes are held at:
Southeastern Med
1341 Clark Street
Cambridge, Ohio 43725

COULD YOU PROVIDE THE
SKILLS TO MAKE A
DIFFERENCE BETWEEN...



Come join us for a course in
**Cardio Pulmonary
Resuscitation**

or
First Aid

2010 Class Schedule

Sponsored by:
Southeastern Med
Community Training Center



You might be asking...
Why CPR?

Well, 220, 000 Americans die from cardiac arrest every year. The good news is cardiac emergencies don't have to turn into tragedies.

The objective of CPR training is to increase survival from sudden cardiac arrest by increasing the number of rescuers prepared to phone 911 and provide early CPR.

In addition to CPR, trained lay people are learning to use public access defibrillators to shock a stopped heart back into a treatable rhythm. Ask your instructor for more information about this life saving device.

It's easy as C.P.R.
**Come
Practice
Resuscitation**

Southeastern Med is a training center for Central Ohio Chapter of the American Heart Association.

Use of American Heart Association materials in an educational course does not represent sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the Association.

CPR FOR FAMILY & FRIENDS

Course Description:

Rescuers learn the skills of CPR and relief of foreign body airway obstruction. The course may be divided into two modules.

Adult and Child Module:

- CPR and relief of foreign body obstruction
- Chain of survival
- Prevention of common fetal injuries
- Signs of arrest, stroke, and choking

Infant Module:

- CPR and relief of foreign body obstruction
- Chain of survival
- Prevention of common fetal injuries
- Signs of arrest and choking

Intended Audience:

Lay rescuers, family members of patients at risk for sudden cardiac death, and lay persons who want to learn rescue skills for loved ones.

Dates and Times:

Each module is 2 hrs in length, combined 4 hrs

January 25 at 5:30 pm July 26 at 5:30 pm
 March 22 at 5:30 pm Sept 27 at 5:30 pm
 May 24 at 5:30 pm Nov 22 at 5:30 pm

HEARTSAVER CPR COURSE

Course Description:

Rescuers learn the skills of CPR and relief of foreign body airway obstruction. The course may be divided into two modules.

Adult and Child Module:

- CPR and relief of foreign body obstruction
- Chain of survival
- Prevention of common fetal injuries
- Signs of arrest, stroke, and choking

Infant Module:

- CPR and relief of foreign body obstruction
- Chain of survival
- Prevention of common fetal injuries
- Signs of arrest and choking

Intended Audience:

Lay rescuers, such as employees in the workplace, day care, baby sitters, firefighters, police, security personnel, family of patients at high risk for sudden cardiac death.
(This course provides a card if employer requires verification of training.)

Dates and Times:

Each module is 2 hrs in length, combined 4 hrs

February 22 at 5:30 pm August 23 at 5:30 pm
 April 26 at 5:30 pm October 25 at 5:30 pm
 June 28 at 5:30 pm December 20 at 5:30 pm

HEARTSAVER FIRST AID

Course Description:

Designed to teach rescuers to effectively recognize and treat adult emergencies in the critical first minutes until emergency medical services personnel arrive. The course includes general principles, medical and injury emergencies. Environmental emergencies is an optional section.

Intended Audience:

Persons assigned to respond to emergencies in the workplace or community, as well as those who want to learn first aid, CPR, and AED skills. Some rescuers are required to take this course as part of their employer's efforts to comply with OSHA regulations, i.e. corporate employees, security guards, airline personnel, lifeguards, and other individuals who want or need first aid training. This course is usually combined with Heartsaver CPR and AED, which is the following week (see Heartsaver CPR description in this pamphlet).

Dates and Times:

The basic module is 3 hours in length, with the additional section, 4 hours.

February 15 at 5:30 pm August 16 at 5:30 pm
 April 19 at 5:30 pm October 18 at 5:30 pm
 June 21 at 5:30 pm December 13 at 5:30 pm

REGISTRATION FORM

Complete form and mail to:

**Southeastern Med
Education Department
1341 Clark Street
Cambridge, Ohio 43725**
or call 439-8170

Name: _____

Address: _____

Phone: _____

Course Fees:

CPR for Family & Friends	
Adult/Child	\$15
Infant	\$15
Both	\$25
Heartsaver CPR:	
Adult/Child	\$20
Infant	\$20
Both	\$30

First Aid Only \$30

First Aid and Heartsaver CPR (adult) and AED \$40

First Aid & Heartsaver CPR (adult, child, and infant) and AED \$50

HEARTSAVER AED

The Heartsaver AED Course (Automated External Defibrillator) teaches the use of this device to shock the heart into treatable rhythm. For more information call 439-8197.

HEALTHCARE PROVIDER COURSE

The Healthcare Provider Course is intended for workers in a healthcare setting. Please see separate brochure for this course. For more information call 439-8197.

HEARTSAVER PEDIATRIC FIRST AID

This course is intended for child care workers, teachers, youth organizations, and coaches of children. For more information call 439-8197.